

Eastern Iowa Sleep Center Wellmark Pre-Authorizations

The pre-authorization process for In-Lab sleep studies for Wellmark patients has gone remarkably well! Thank you for entering EASTERN IOWA SLEEP CENTER as the servicing facility when referring patients to us. This has allowed EISC to see the pre-authorization information,

which has reduced faxes and calls for everyone so we can serve your patients quickly and efficiently. Wellmark's turn-around time for pre-authorizations has been timely with little hassle. Any questions call or visit eiSleep.com/contact

The Provider's Corner

Home Sleep Studies on the Rise

Home sleep apnea test (HSAT) requests have increased due to the Wellmark pre-authorization for In-Lab studies starting April 2018. EISC is meeting the demand!

EISC Sleep Technologists are available during day and early evening hours to assist patients with use of the HSAT device. A Sleep Technologist educates the patient on the device, prepares the device, and answers patient questions. Patients leave feeling informed and prepared for their test that evening. The one-on-one education has produced excellent study results. EISC also offers Sleep Technologist support during the patients' sleeping time.



Tips to Consider:

- HSAT for patients that previously refused the In-Lab study.
- HSAT for all healthy patients with sleep symptoms. Age is not a factor. If OSA is found early, it could reduce the risk of future health issues which can lower costs for your patients.
- Let your patients know that the HSAT is just as important of a study as In-Lab. EISC has experienced an increase in HSAT No-Shows.
- To avoid delay, be sure to include neck circumference on the Referral Order along with 2 sleep symptoms in the office notes, demographic, and insurance information.

Locations that offer HSAT include:

- EISC in Cedar Rapids
- Regional Medical Center in Manchester
- EISC in Belle Plaine

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Provider's Corner: HSAT Increase

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Access: New Sleep Medicine Providers

EISC Core Values

To our patients, their families, and partners, we are committed to uphold the following values:

- Service that is unparalleled
- Listening and creating individualized treatment
- Excellence in quality, professional care
- Efficient and welcoming, with easy access
- Patient-centered, innovative & compassionate care

Eastern Iowa Sleep Center

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Belle Plaine, IA 52208
Operation hours: 5:30pm - 7:00am



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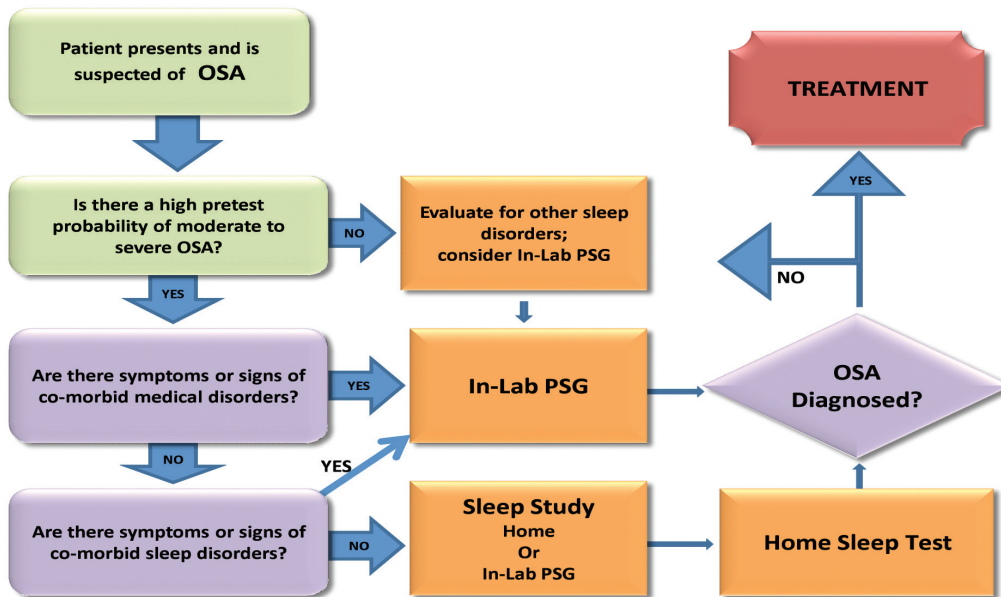
Hot Topic: Home Sleep Test vs In-Lab

REMEMBER: HSAT 95806 is appropriate in patients who have a high probability of Obstructive Sleep Apnea **ONLY**. Use the easy to follow Decision Making Grid below to help identify the best route for your patients. An In-Lab sleep study should be requested for

patients needing Co2 monitoring or any of the following co-morbidities:

- Moderate to severe pulmonary disease
- Neuromuscular disease
- Heart failure, heart disease
- Impaired dexterity or mobility
- Cognitive impairment

DECISION MAKING GRID



DOT – Home Study at EISC

EISC offers patients, who need to renew their CDL or acquire a new one, the ability to complete their HSAT at our sleep lab. Medical Examiners and drivers have appreciated this quick and easy route. EISC requires the driver to present ID and allows the driver to stay overnight at EISC while using the device. This ensures chain of custody and costs less than an In-Lab. The patient enjoys a private room and bath along with free Wi-Fi, and cable TV. To select this option for your patient, mark HSAT 95806 and put DOT next to the selection. Questions, contact EISC. ●

EISC OUTREACH LOCATIONS

Regional Medical Center

RMC is located at 709 W. Main St., Manchester, IA. Services include In-Lab and Home Studies 3-4 nights a week. HSAT has increased at RMC. ●

Jones Regional Medical Center

JRMC is located at 1795 HWY 64 East, Anamosa, IA. Services include In-Lab sleep studies 2-3 nights a week. ●

Belle Plaine

EISC BP is located 1010 8th Ave, Belle Plaine, IA. Services include In-Lab sleep studies 2 nights a week. HSAT is available. ●

SLEEP PROVIDER ACCESS

New to PCI Neurology and Sleep Medicine is Amber Arthur, ARNP and



Amber Arthurs, ARNP, NP-TC



Lori Schumann, ARNP-C

Lori Schumann, ARNP. They are available for Sleep appointments. Cindy Morrison, ARNP; Jill Miller, ARNP; Megan Raddatz, ARNP; Scott Geisler, MD; Robert Struthers, MD; and Andrew Peterson, MD are also seeing patients with sleep related disorders. Call PCI Neurology and Sleep Medicine **319-398-1721** to make an appointment. You can also visit pcofiowa.com



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