

Eastern Iowa Sleep Center on the move!

EISC announced May 3, 2019, it will be moving to the new PCI Medical Pavilion II located at 275 10th Street, SE. The move is tentatively scheduled in January 2020.



EISC and PCI's Neurology & Sleep Medicine Clinic will co-locate on the same floor. EISC is a partnership between PCI, Mercy Medical Center, and UnityPoint-St. Luke's Hospital. The EISC Board, comprised of the partnership members, is excited to bring a new level of care to our patients, families, healthcare providers, and communities. Stay tuned for more details. ●

The Provider's Corner Home Study same-day pick up in Cedar Rapids

EISC offers same-day Home Sleep Apnea Test (HSAT) device pick up Monday through Thursday for qualified patients. HSAT does not normally need a pre-authorization.

Here's how our same-day pick up service works at our Cedar Rapids location:

- During patient visit, Obstructive Sleep Apnea (OSA) is found to be highly probable based on sleep symptoms.
- Verify that insurance pre-authorization is not needed for the HSAT.
- Verify patient is willing to complete the test that evening and return the device to EISC the next day.
- Referring provider's office calls EISC to confirm HSAT device is available.

- If available, provider's office immediately faxes to EISC the referral order, patient demographics, and visit notes with 2 sleep symptoms.
- Send patient to EISC in Cedar Rapids.
- Patient picks up the HSAT device and receives education regarding the study.
- Patient returns the device to EISC the next day.

Questions, call 319.362.4433 or visit eisleep.com/contact



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EISC Core Values

To our patients, their families, and partners, we are committed to uphold the following values:

- Service that is unparalleled
- Listening and creating individualized treatment
- Excellence in quality, professional care
- Efficient and welcoming, with easy access
- Patient-centered, innovative & compassionate care

Eastern Iowa Sleep Center

600 7th St. SE, 2nd floor
Cedar Rapids, IA 52401
Phone: 319-362-4433 / 877-361-4433
Fax: 319-362-4466
Office hours: 8am - 4:30pm
1010 8th Ave.
Belle Plaine, IA 52208
Operation hours: 5:30pm - 7:00am



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SLEEP CENTER
[eiSleep.com](http://eisleep.com)

Hot Topic: Follow-up options

Patients that have an abnormal In-Lab or Home Sleep Study ≥ 5 AHI can be forwarded automatically by EISC to PCI Sleep Medicine for a sleep disorder follow-up. Providers are using this route to simplify the patient experience when diagnosed with a sleep disorder such as sleep apnea.

How it works:

- At the bottom of the EISC referral order, select: *"Send patient for follow-up and treatment to a PCI Sleep Medicine Provider"*.
- The request triggers EISC to forward an Abnormal In-Lab and/or Home Sleep Study Report and demographic information to PCI Sleep Medicine to contact the patient for an appointment.
- The Referring Provider's office receives the abnormal report and contacts the patient with the results and tells them that PCI Sleep Medicine will follow up and manage their sleep disorder.
- If the patient has not heard from PCI within a week, the patient should contact the referring provider's office.
- PCI Sleep Medicine copies the referring provider on patient visits pertaining to treatment and management of the sleep disorder.
- If no selection is made for follow-up of a sleep disorder, the referring provider manages the patient.
- **Normal** In-Lab or Home Sleep Studies *will not be forwarded* on to PCI Sleep Medicine. The referring provider will need to determine next steps.

EISC: Ready to serve you!

IN-LAB & HOME STUDIES

EISC offers In-Lab and Home Studies at all its locations.

EISC's Main location at 600 7th St, SE in Cedar Rapids also offers MSLT, MWT and studies for highly complicated patients including pediatrics. ●

OUTREACH LOCATIONS

EISC-Belle Plaine is located at 1010 8th Ave, Belle Plaine, IA. Services include sleep studies 2 nights a week and home study pick up/drop off. PCI Sleep Medicine & Ortho physician visits each month. ●

EISC-Regional Medical Center

is located at 708 W. Main St., Manchester, IA. Services include sleep studies 3-4 nights a week and home study pick up/drop off. ●

EISC-UnityPoint Jones Regional Medical Center

is located at 1795 Hwy 64 E, Anamosa, IA. Services include sleep studies 2-3 nights a week and home study pick up/drop off. ●

EISC-UnityPoint Finley Hospital

is located at 350 N. Grandview Ave, Dubuque, IA. Services include sleep studies 3-4 nights a week and home study pick up/drop off. ●

ADULT CLASSIFICATION OF SLEEP APNEA AHI (Apnea-Hypopnea Index)

— Number of apneas and/or hypopneas per hour of sleep time

— Reflects the "severity" of sleep apnea

- AHI = 0-4 Normal range
- AHI = 5-14 Mild sleep apnea
- AHI = 15-30 Moderate sleep apnea
- AHI > 30 Severe sleep apnea

