



A PARTNERSHIP
UNITYPOINT-ST. LUKE'S HOSPITAL • MERCY MEDICAL CENTER • PHYSICIANS' CLINIC OF IOWA

EASTERN IOWA SLEEP CENTER

600 7TH STREET SE + CEDAR RAPIDS, IA 52401
PHONE.319.362.4433 + TOLLFREE.877.361.4433
RESPIRATORY CARE/LAB FAX.563.927.7513

RMC

Regional Medical Center®

EISC Use Only - Thank you!

Scheduled Date/Time: _____

EISC Dr. signature: _____

EISC Approval/Date: _____

EISC No: _____

PATIENT PERSONAL INFORMATION

First name: _____ Last name: _____

Address: _____ City: _____ State: _____ Zip: _____

Cell phone: _____ Home phone: _____ Work phone: _____

DOB: _____ Gender: M F Weight _____ Height _____ Neck circumference _____ inches

Sleep hours: Night Day Shift work Other hours _____

Special needs: Oxygen Wheelchair Walker Other _____

INSURANCE INFORMATION: Please provide front and back for card(s)

Primary Insurance: _____ Secondary Insurance: _____ Pre- Auth Form/ #: _____

ATTACH ORDERING PROVIDER NOTES - Per insurance requirements medical necessity must be established prior to the study and documented in the patient medical record.

Medical necessity includes, but not limited to two sleep symptoms: snoring, witnessed apnea, choking or gasping during sleep, morning headaches, excessive daytime sleepiness, disturbed/restless sleep. Any added information such as: co-morbid conditions, validated Epworth Sleepiness Scale, duration of sleep symptoms, BMI, neck circumference, focused cardiopulmonary and upper airway system evaluation and other factors as appropriate.

PROVIDER ORDERS:

DX: OSA (unless otherwise indicated) DX: _____ DX: _____

- Diagnostic PSG 95810 & 95811 (polysomnogram) w/ split night if indicated
- Diagnostic PSG 95810 (polysomnogram) **ONLY**, no additional testing
- PAP (re)titration with CPAP or BiPAP (including autoSV and AVAPS)
- Home sleep test 95806 (High pre-test OSA **ONLY**)

For MWT, MSLT, Actigraphy and/or specialized sleep issues please see Sleep Medicine Provider first.

Previous study done at: _____

Sleep Aid: None: _____ Zaleplon(Sonata) _____ mg Zolpidem(Ambien) _____ mg Eszopiclone(Lunesta) _____ mg Other: _____

IF YOU HAVE PROVIDED YOUR PATIENT WITH A SLEEP AID, PLEASE INSTRUCT THEM TO BRING THE FILLED PRESCRIPTION WITH THEM TO THE SLEEP STUDY. THE SLEEP TECHNICIAN WILL INFORM YOUR PATIENT WHEN THE SLEEP AID SHOULD BE TAKEN.

NOTES & COMMENTS

Referring Provider (Print) _____ Phone: _____ Fax: _____

Referring Provider Signature: _____ Date: _____

PCP (if different): _____ Phone: _____